

# CLASS CALENDAR

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JUNE 2017 – AUGUST 2017

FEATURED CLASS:

TUESDAY, JUNE 13 | 10:00 AM - 3:00 PM

## THE MIND-SKIN CONNECTION: THE NEXT GENERATION OF SKINCARE

What do emotions have to do with the skin? The answer is, everything! The bond between the mind and skin is very real and growing evidence suggests that stress and emotional issues can intersect with skin physiology to become the root cause of many common skin disorders. In this class you will learn how to recognize and evaluate emotional patterns that can profoundly affect the skin and interfere with your treatment plans. Other topics covered include how to utilize powerful techniques such as EFT (Emotional Freedom Technology), color and sound therapy, essential oils and meditation to facilitate emotional clearing and pave the way for your topical treatments to most effectively function. Elevate the whole body wellness aspects of your practice with this innovative, forward thinking class.

Fee: \$50

# JUNE

TUESDAY, JUNE 6 | 10:00 AM - 3:00 PM  
SANITAS PRODUCT  
KNOWLEDGE TRAINING

TUESDAY, JUNE 13 | 10:00 AM - 3:00 PM  
THE MIND-SKIN CONNECTION:  
THE NEXT GENERATION  
OF SKINCARE

THURSDAY, JUNE 15 | 10:00 AM - 1:00 PM  
OPEN STUDENT DAY:  
ACNE SOLUTIONS

TUESDAY, JUNE 20 | 10:00 AM - 2:00 PM  
BROW AND BODY WAX CLASS\*\*

TUESDAY, JUNE 27 | 10:00 AM - 3:00 PM  
SKIN ANALYSIS  
AND EXTRACTION LAB\*\*

\*\*This class has a limited capacity and is only available to licensed estheticians

## SANITAS PRODUCT KNOWLEDGE TRAINING

Learn how to incorporate the Sanitas line into your practice so you can provide the most effective treatments for any skin type or skin challenge. Comprehensive training on the features and benefits of Sanitas products will be covered.

**Fee: Complimentary**

## THE MIND-SKIN CONNECTION: THE NEXT GENERATION OF SKINCARE

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**Fee: \$50**

## OPEN STUDENT DAY: ACNE SOLUTIONS

According to The American Academy of Dermatology (AAD), between 40-50 million Americans suffer from some form of acne. As skincare professionals, we see these clients every day and know that acne can occur at any time of life and for many reasons. At Sanitas, we believe that when it comes to treating acne, one size does not fit all and as such, have developed the tools to help you make a difference. Broaden your knowledge of this sensitive topic with new found confidence via our in-room and home care recommendations.

**Fee: Complimentary**

## BROW AND BODY WAX CLASS\*\*

In this class you will learn in-depth techniques to enable you to become adept and comfortable with the use of both hard and soft waxes for the face and body. Extra emphasis will be given to brow shaping and methodology. Topics will also include how to conduct client consultations, appropriate pre- and post-wax care and the use of proper sanitation. Students should be prepared to give and receive waxing services.

**Fee: \$25 for existing Sanitas clients and \$50 for non-Sanitas clients**

## SKIN ANALYSIS AND EXTRACTION LAB\*\*

Performing extractions correctly is a skill that takes practice. Our Extraction Lab is the perfect place to refine your current level of expertise or learn new methodologies. This hands-on training will include clinical demonstrations where you will learn safe and effective methods of extraction by both performing and receiving extractions under the direct tutelage of our instructor. We'll cover techniques using extractors and lancets as well as how to effectively use and recommend the Sanitas range of products for acneic skin.

**Fee: Complimentary for existing Sanitas clients and \$50 for non-Sanitas clients**

# JULY

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TUESDAY, JULY 11 | 10:00 AM - 3:00 PM  
SANITAS PRODUCT  
KNOWLEDGE TRAINING

THURSDAY, JULY 13 | 10:00 AM - 1:00 PM  
OPEN STUDENT DAY: BUILDING  
CLIENTELE WITH IN-ROOM  
UPGRADES AND SERIES SALES

TUESDAY, JULY 18 | 10:00 AM - 3:00 PM  
ADVANCED  
HYPERPIGMENTATION  
TREATMENTS\*\*

THURSDAY, JULY 20 | 10:00 AM - 2:00 PM  
BROW MASTERY: SHAPING,  
LASH AND BROW TINTING\*\*

\*\*This class has a limited capacity and is only available  
to licensed estheticians

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**Fee: Complimentary**

## OPEN STUDENT DAY: BUILDING CLIENTELE WITH IN-ROOM UPGRADES AND SERIES SALES

In this interactive class, you will learn simple techniques for incorporating protocols that leverage the Sanitas Progenerate Collection. You will also learn easy talking points for suggesting in-room upgrades and methods for mapping out a treatment series program to help build repeat clientele. The latter portion of the class will be devoted to demonstrations and hands-on training.

**Fee: Complimentary**

## ADVANCED HYPERPIGMENTATION TREATMENTS\*\*

Hyperpigmentation is one of the most common skin disorders and your ability to successfully treat it can help build a loyal customer base. This course will cover the causes (including the physiological reactions that occur within the skin), symptoms, diagnosis and treatments of hyperpigmentation. You will leave with a roadmap to the most effective in-room treatment protocols and home treatment plans, with a focus on nutrition as well as topical therapies.

**Fee: \$50**

## BROW MASTERY: SHAPING, LASH AND BROW TINTING\*\*

Mastering one of the hottest niche markets in our industry will increase your profitability and differentiate you from the competition. This three hour skill building workshop will highlight the steps and materials needed for you to become a true brow expert. Supplies will be provided.

**Fee: \$25 for existing Sanitas clients and \$50 for non-Sanitas clients**

# AUGUST

TUESDAY, AUGUST 1 | 10:00 AM - 3:00 PM

## CHEMICAL PEELS: UNDERSTANDING THE BASICS\*\*

TUESDAY, AUGUST 8 | 10:00 AM - 1:00 PM  
MICROBIOMES AND THE SKIN

THURSDAY, AUGUST 10 | 10:00 AM - 1:00 PM  
OPEN STUDENT DAY: PEPTIDES

MONDAY, AUGUST 14 | 10:00 AM - 3:00 PM  
SANITAS PRODUCT  
KNOWLEDGE TRAINING

TUESDAY, AUGUST 22 | 10:00 AM - 2:00 PM  
BROW MASTERY: SHAPING,  
LASH AND BROW TINTING\*\*

TUESDAY, AUGUST 29 | 10:00 AM - 3:00 PM  
THE SANITAS CHEMICAL PEEL  
ADVANTAGE\*\*

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## CHEMICAL PEELS: UNDERSTANDING THE BASICS\*\*

As a new esthetician, whether starting your own business or going to work in an existing practice, the importance of understanding how to safely perform chemical peels is paramount. This introductory class is designed to demystify the use of chemical peels and provide you with a basic platform to perform safe, therapeutic treatments. The different types of peels, which peels are most effective for each skin type and condition and a basic understanding of Sanitas peel products and protocols will be covered. The ideal precursor to the Sanitas Chemical Peel Advantage class, you will gain the confidence and knowledge to begin performing safe, therapeutic chemical peels.

**Fee: Complimentary for existing Sanitas clients and \$25 for non-Sanitas clients**

## MICROBIOMES AND THE SKIN

When the digestive system becomes inundated with poor quality food, drugs, alcohol or chronic stress it can trigger inflammation and create imbalances in the microbiomes of the gut. Poor gut health can further lead to a disruption of the body's ability to produce serotonin and dopamine, neurotransmitters primarily produced in the digestive system. This can lead to chronic skin conditions such as eczema, rosacea, acne and premature skin aging. In this class you will learn how diet and lifestyle can interfere with the body's ability to holistically function and how to help your customers achieve maximum skin health by maintaining a healthy gut. Easy, gut healthy recipes will be shared at the end of the class.

**Fee: \$50**

## OPEN STUDENT DAY: PEPTIDES

Peptide technologies are constantly evolving and as a professional, it's vital to stay ahead of the curve. In this class, you'll learn why peptides are so effective in combatting skin discoloration, boosting microcirculation, affecting muscle contraction, and promoting smoother, firmer, stronger skin. We will also cover the use of peptides in the treatment room and strategies for effective home care recommendations.

**Fee: Complimentary**

## SANITAS PRODUCT KNOWLEDGE TRAINING

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## THE SANITAS CHEMICAL PEEL ADVANTAGE\*\*

The ability to deliver customized results is increasingly in demand and many of your customers are going to expect treatments that are created specifically for them. In this advanced class you will gain a thorough understanding of how to intensify and tailor the effects of the Sanitas Peel Collection to create individualized solutions and outcomes for each guest. You will learn the latest technologies in peel application and layering techniques along with how to safely incorporate retinols to target multiple conditions for rapid results. The ability to prescribe personalized home care as well as how to effectively manage client expectations of the peel outcome will also be covered in this intensive, hands-on class.

**Fee: Complimentary for existing Sanitas clients and \$25 for non-Sanitas clients**

# REGISTRATION

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Call 303.449.1875 or  
888.855.8425 for more  
information or to register.

Must register and pay in advance for all classes.  
Class times and locations are subject to change.

## SANITAS SKINCARE TRAINING INSTITUTE

The Sanitas Skincare Training Institute teaches that healthy, beautiful skin is the result of the right balance of stimulation and nourishment. Likewise, a successful skin care education is the result of intellectual stimulation and program elements designed to nourish the mind and encourage growth.

Our education program offers:

- Advanced theory and hands-on education
- Cutting-edge topics that include focused trainings on skin care, waxing, makeup, business, sales and marketing
- National seminars
- Targeted treatment protocols for all skin types

## CANCELLATION POLICY

Out of respect for our instructors, the Sanitas Training Institute adheres to a stringent cancellation policy. Students cancelling within 48 hours or failing to show for class will be charged in full.

## CLASS LOCATIONS

LOUISVILLE, CO  
833 W. South Boulder Road  
Building A  
Louisville, CO 80027

Please note: All classes are held in  
Louisville, CO unless otherwise stated.