

# Sanitas Skincare Class Calendar

## March 2018

3/5

### SANITAS PRODUCT KNOWLEDGE TRAINING

MONDAY, MARCH 5 | 10:00 AM - 3:00 PM  
Jamie Reinhardt, LE - Sanitas Educator

Comprehensive training on the features and benefits of Sanitas products will be covered. Learn how to incorporate the Sanitas line into your practice so you can provide the most effective treatments for any skin type or skin challenge.

Fee: Complimentary

3/8

### OPEN STUDENT DAY: HOW TO READ AN INGREDIENT DECK

THURSDAY, MARCH 8 | 10:00 AM - 1:00 PM  
Collene Fullton, LE - Sanitas Educator

Sanitas skin health programs achieve results by leveraging formulations that catalyze the skin's natural biochemical reactions. In this class you'll learn the language of product ingredient decks through the lens of science and skin biochemistry. You'll leave with an understanding of how to evaluate product ingredients to confidently address your clients' skincare needs.

Fee: Complimentary

3/8

### WEBINAR: SANITAS PRODUCT KNOWLEDGE TRAINING

THURSDAY, MARCH 8 | 1:00 PM - 2:30 PM  
Jamie Reinhardt, LE - Sanitas Educator

This live webinar provides a systematic introduction to the Sanitas Skincare philosophy and explains our unique approach to progressive skin health. Attendees will gain a deeper understanding of the strategy behind our Progenerate, Activate and Optimize collections and learn practical applications for creating customized skin care programs using Sanitas products.

Fee: Complimentary

3/12

### CHEMICAL PEELS: UNDERSTANDING THE BASICS\*

MONDAY, MARCH 12 | 10:00 AM - 3:00 PM  
Collene Fullton, LE - Sanitas Educator

As a new esthetician, whether starting your own business or going to work in an existing practice, the importance of understanding how to safely perform chemical peels is paramount. This introductory class is designed to demystify the use of chemical peels and provide you with a basic platform to perform safe, therapeutic treatments. The different types of peels, which peels are most effective for each skin type and condition and a basic understanding of Sanitas peel products and protocols will be covered. The ideal precursor to the Sanitas Chemical Peel Advantage class, you will gain the confidence and knowledge to begin performing safe, therapeutic chemical peels.

Fee: Complimentary for existing Sanitas clients and \$25 for non-Sanitas clients

3/19

### TREATING AGING SKIN

MONDAY, MARCH 19 | 10:00 AM - 2:00 PM  
Jamie Reinhardt, LE - Sanitas Educator

Statistics show that 60% of spa clientele are baby boomers interested in delaying the signs of aging. Differentiate your business by offering therapeutic and results oriented anti aging treatments. This class will teach you about the science behind aging skin and which products and protocols are most effective.

Fee: Complimentary for existing Sanitas clients and \$50 for non-Sanitas clients

3/20

### BROW MASTERY: SHAPING, LASH AND BROW TINTING\*

TUESDAY, MARCH 20 | 10:00 AM - 2:00 PM  
Collene Fullton, LE - Sanitas Educator

Mastering one of the hottest niche markets in our industry will increase your profitability and differentiate you from the competition. This three hour skill building workshop will highlight the steps and materials needed for you to become a true brow expert. Supplies will be provided.

Fee: \$25 for existing Sanitas clients and \$50 for non-Sanitas clients

3/22

### WEBINAR: SANITAS CHEMICAL PEEL TRAINING

THURSDAY, MARCH 22 | 1:00 PM - 2:30 PM  
Jamie Reinhardt, LE - Sanitas Educator

Learn about the different types of chemical peels and discover which peels are most effective for each skin type and condition. Understanding Sanitas peel products and protocols will give you the knowledge and confidence to perform safe, therapeutic chemical peels.

Fee: Complimentary

## Registration

Call 303.449.1875 or 888.855.8425 or visit our website [sanitas-skincare.com](http://sanitas-skincare.com) for more information or to register

Must register and pay in advance for all classes. Class times and locations are subject to change.

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# Sanitas Skincare Class Calendar

## April 2018

4/9

**THE MIND-SKIN CONNECTION:  
THE NEXT GENERATION OF SKINCARE**  
MONDAY, APRIL 9 | 10:00 AM - 3:00 PM  
Dr. Heidi Roles - Sanitas Educator

What do emotions have to do with the skin? The answer is everything! The bond between the mind and skin is very real and growing evidence suggests that stress and emotional issues can intersect with skin physiology to become the root cause of many common skin disorders. In this class you will learn how to recognize and evaluate emotional patterns that can profoundly affect the skin and interfere with your treatment plans. Other topics covered include how to utilize powerful techniques such as EFT (Emotional Freedom Technology), color and sound therapy, essential oils and meditation to facilitate emotional clearing and pave the way for your topical treatments to most effectively function. Elevate the whole body wellness aspects of your practice with this innovative, forward thinking class.

Fee: \$50

4/19

**HIGH ALTITUDE SKINCARE:  
ARID ENVIRONMENT ANTIDOTE**  
THURSDAY, APRIL 19 | 10:00 AM - 3:00 PM  
Collene Fulton, LE - Sanitas Educator

Combating low moisture levels in the skin and protecting it from damaging UV rays are constant battles for those of us that live at high altitude. When the skin is constantly exposed to arid environmental aggressors, achieving optimal skin health can be a daunting task for even the most seasoned skincare professional. In this Colorado inspired class, you will gain a better understanding of the climate we live in and how crucial proper skincare is to maintaining the integrity and health of the skin. You will leave with the knowledge of how to design skincare and nutritional programs for mountain lovers and how to treat dehydrated, wind-ravaged or sun-damaged skin.

Fee: \$25 for existing Sanitas clients and \$50 for non-Sanitas clients

4/23

**SANITAS PRODUCT  
KNOWLEDGE TRAINING**  
MONDAY, APRIL 23 | 10:00 AM - 3:00 PM  
Jamie Reinhardt, LE - Sanitas Educator

Learn how to incorporate the Sanitas line into your practice so you can provide the most effective treatments for any skin type or skin challenge. Comprehensive training on the features and benefits of Sanitas products will be covered.

Fee: Complimentary

4/12

**OPEN STUDENT DAY:  
MODALITIES FOR ESTHETICIANS**  
THURSDAY, APRIL 12 | 10:00 AM - 1:00 PM  
Susan Trenka, LE - Sanitas Educator

Technology adds a competitive edge to your skincare practice and mastering professional tools such as brushes, sonic devices and light therapies can intensify treatment room results as well as boost your bottom line. Gain knowledge through classroom demonstrations and hands-on practice and leave equipped with real life skills and techniques that can help you grow a strong repeat client base.

Fee: Complimentary

4/16

**THE SANITAS  
CHEMICAL PEEL ADVANTAGE\***  
MONDAY, APRIL 16 | 10:00 AM - 3:00 PM  
Susan Trenka, LE - Sanitas Educator

The ability to deliver customized results is increasingly in demand and many of your customers are going to expect treatments that are created specifically for them. In this advanced class you will gain a thorough understanding of how to intensify and tailor the effects of the Sanitas Peel Collection to create individualized solutions and outcomes for each guest. You will learn the latest technologies in peel application and layering techniques along with how to safely incorporate retinols to target multiple conditions for rapid results. The ability to prescribe personalized home care as well as how to effectively manage client expectations of the peel outcome will also be covered in this intensive, hands-on class.

Fee: Complimentary for existing Sanitas clients and \$25 for non-Sanitas clients

\*This class has a limited capacity and is only available to licensed estheticians

## Registration

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# Sanitas Skincare Class Calendar

May 2018 1 of 2

5/3

## OPEN STUDENT DAY: PEPTIDES

THURSDAY, MAY 3 | 10:00 AM - 1:00 PM  
Susan Trenka, LE - Sanitas Educator

Although peptides have rapidly become known as powerhouses in the world of skincare, not all peptide formulations are created equally. As a professional, it is important to understand the fundamentals of peptides, how they pair with other ingredients and how to integrate them into your menu of services. In this class, you'll learn the science behind peptide technology along with the different types of peptides and how they are used in skincare. We will also cover the use of peptides in the treatment room, home care recommendations, and talking points when speaking to guests.

Fee: Complimentary

5/10

## FUNDAMENTALS OF SKIN BIOLOGY

THURSDAY, MAY 10 | 10:00 AM - 2:00 PM  
Susan Trenka, LE - Sanitas Educator

The skin is the body's largest and most environmentally sensitive organ. Comprehension of the skin's biology and cell renewal process imparts the knowledge necessary to address a variety of skin disorders to help your clients achieve stronger, healthier skin.

Fee: Complimentary for existing Sanitas clients and \$25 for non-Sanitas clients

5/14

## SANITAS PRODUCT KNOWLEDGE TRAINING

MONDAY, MAY 14 | 10:00 AM - 3:00 PM  
Jackie Cooper, LE - Sanitas Educator

Learn how to incorporate the Sanitas line into your practice so you can provide the most effective treatments for any skin type or skin challenge. Comprehensive training on the features and benefits of Sanitas products will be covered.

Fee: Complimentary

5/7

## CHEMICAL PEELS: UNDERSTANDING THE BASICS\*

MONDAY, MAY 7 | 10:00 AM - 3:00 PM  
Susan Trenka, LE - Sanitas Educator

As a new esthetician, whether starting your own business or going to work in an existing practice, the importance of understanding how to safely perform chemical peels is paramount. This introductory class is designed to demystify the use of chemical peels and provide you with a basic platform to perform safe, therapeutic treatments. The different types of peels, which peels are most effective for each skin type and condition and a basic understanding of Sanitas peel products and protocols will be covered. The ideal precursor to the Sanitas Chemical Peel Advantage class, you will gain the confidence and knowledge to begin performing safe, therapeutic chemical peels.

Fee: Complimentary for existing Sanitas clients and \$25 for non-Sanitas clients

5/15

## BROW AND BODY WAX CLASS\*

TUESDAY, MAY 15 | 10:00 AM - 2:00 PM  
Belinda Swanson, LE - Sanitas Educator

In this class you will learn in-depth techniques to enable you to become adept and comfortable with the use of both hard and soft waxes for the face and body. Extra emphasis will be given to brow shaping and methodology. Topics will also include how to conduct client consultations, appropriate pre- and post-wax care and the use of proper sanitation. Students should be prepared to give and receive waxing services.

Fee: \$25 for existing Sanitas clients and \$50 for non-Sanitas clients

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# Sanitas Skincare Class Calendar

May 2018 2 of 2

5/17

## HANDS ON WITH ENHANCEMENTS\*

THURSDAY, MAY 17 | 10:00 AM - 2:00 PM  
Collene Fulton, LE - Sanitas Educator

In this workshop you'll learn how to increase your average service sale, generate more revenue per treatment room and add distinctive, results-driven enhancements to your facials. Add-on protocols for the eye, lip, décolleté, neck and hand areas will be demonstrated and ample time for practice is included in this highly interactive session.

**Fee: Complimentary for existing Sanitas clients and \$25 for non-Sanitas clients**

5/21

## NUTRITION AND SKINHEALTH

MONDAY, MAY 21 | 10:00 AM - 3:00 PM  
Jackie Cooper, LE - Sanitas Educator

Skin is one of the first places a nutritional deficiency will manifest. Understand why nutrition is an essential component and how to identify and treat your clients' skin from a nutritional and biochemical understanding of the body. Incorporating nutritional strategies into your practice will allow you to offer the advanced skin care treatments that result in healthy skin and increased profits.

**Fee: Complimentary for existing Sanitas clients and \$25 for non-Sanitas clients**

5/29

## TREATING ACNE ACROSS THE AGES

TUESDAY, MAY 29 | 10:00 AM - 2:00 PM  
Collene Fulton, LE - Sanitas Educator

According to The American Academy of Dermatology (AAD), between 40-50 million Americans suffer from some form of acne. As skincare professionals, we see these clients every day and know that acne can occur at any time of life and for many reasons. At Sanitas, we believe that when it comes to treating acne, one size does not fit all and as such, have developed the tools to help you make a difference. Broaden your knowledge of this sensitive topic with new found confidence via our treatment room and home care recommendations.

**Fee: Complimentary for existing Sanitas clients and \$25 for non-Sanitas clients**

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## SANITAS SKINCARE TRAINING INSTITUTE

The Sanitas Skincare Training Institute teaches that healthy, beautiful skin is the result of the right balance of stimulation and nourishment. Likewise, a successful skin care education is the result of intellectual stimulation and program elements designed to nourish the mind and encourage growth.

Our education program offers:

- Advanced theory and hands-on education
- Cutting-edge topics that include focused trainings on skin care, waxing, makeup, business, sales and marketing
- National seminars
- Targeted treatment protocols for all skin types

## CANCELLATION POLICY

Out of respect for our instructors, the Sanitas Training Institute adheres to a stringent cancellation policy. Students cancelling within 48 hours or failing to show for class will be charged in full.

## CLASS LOCATION

833 W. South Boulder Road  
Building A  
Louisville, CO 80027

Please note: All classes are held in  
Louisville, CO unless otherwise stated.

## Registration

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