

Sanitas Skincare Class Calendar

February 2018

2/1

OPEN STUDENT DAY: NUTRITION AND THE SKIN

THURSDAY, FEBRUARY 1 | 10:00 AM - 1:00 PM
Jackie Cooper, LE - Sanitas Educator

Skin is one of the first places a nutritional deficiency will manifest. Understand why nutrition is an essential component and how to identify and treat your clients' skin from a nutritional and biochemical understanding of the body. Incorporating nutritional strategies into your practice will allow you to offer the advanced skin care treatments that result in healthy skin and increased profits!

Fee: Complimentary

2/5

SANITAS PRODUCT KNOWLEDGE TRAINING

MONDAY, FEBRUARY 5 | 10:00 AM - 3:00 PM
Jamie Reinhardt, LE - Sanitas Educator

Learn how to incorporate the Sanitas line into your practice so you can provide the most effective treatments for any skin type or skin challenge. Comprehensive training on the features and benefits of Sanitas products will be covered.

Fee: Complimentary

2/8

SKIN ANALYSIS + EXTRACTION LAB*

THURSDAY, FEBRUARY 8 | 10:00 AM - 3:00 PM
Belinda Swanson, LE - Sanitas Educator

Performing extractions correctly is a skill that takes practice. Our Extraction Lab is the perfect place to refine your current level of expertise or learn new methodologies. This hands-on training will include clinical demonstrations where you will learn safe and effective methods of extraction by both performing and receiving extractions under the direct tutelage of our instructor. We'll cover techniques using extractors and lancets as well as how to effectively use and recommend the Sanitas range of products for acneic skin.

Fee: Complimentary for existing Sanitas clients and \$50 for non-Sanitas clients

2/12

ALLERGIES, SENSITIVITIES, GLUTEN: THE SKIN + BRAIN HEALTH CONNECTION

MONDAY, FEBRUARY 12 | 10:00 AM - 3:00 PM
Dr. Heidi Roles, DC - Sanitas Educator

There is a complex relationship between allergies, inflammation, skin sensitivities and brain health. In this class we will review how the skin-brain connection works and how chronic inflammation and stress can have detrimental effects on the well-being of both the skin and the brain. You will learn how to address topical issues caused by immune system challenges, how to reduce or remove inflammatory triggers and creative ways to rebuild the immune system. You will leave this class with a better understanding of how to treat skin conditions caused by allergies, sensitivities and inflammation.

Fee: \$50

2/19

WEBINAR: SANITAS CHEMICAL PEEL TRAINING

MONDAY, FEBRUARY 19 | 9:30 AM - 10:30 AM
Jamie Reinhardt, LE - Sanitas Educator

Learn about the different types of chemical peels and discover which peels are most effective for each skin type and condition. Understanding Sanitas peel products and protocols will give you the knowledge and confidence to perform safe, therapeutic chemical peels.

Fee: Complimentary

2/20

SIGNATURE SANITAS: SKIN TRANSFORMING TREATMENTS

TUESDAY, FEBRUARY 20 | 10:00 AM - 2:00 PM
Jackie Cooper, LE - Sanitas Educator

Sanitas signature treatments blend therapeutic touch with high powered, cosmeceutical ingredients to create a transformative spa experience. Each treatment is designed, developed and tested by our team of skin care experts at the Sanitas Research Lab. In this class, you will learn the methods and techniques of our signature protocols, how to customize the steps based on skin type or condition and how to progressively transform your guests' skin health.

Fee: Complimentary for existing Sanitas clients and \$25 for non-Sanitas clients

2/22

DECODING THE DECK

THURSDAY, FEBRUARY 22 | 10:00 AM - 2:00 PM
Jackie Cooper, LE - Sanitas Educator

Sanitas skinhealth programs achieve results by leveraging formulations that catalyze the skin's natural biochemical reactions. In this class, you'll learn the language of product ingredient decks, through the lens of science and skin biochemistry, and how to apply a practical understanding of ingredient technology to confidently address your client's skincare needs.

Fee: Complimentary for existing Sanitas clients and \$25 for non-Sanitas clients

2/26

THE SANITAS CHEMICAL PEEL ADVANTAGE*

MONDAY, FEBRUARY 26 | 10:00 AM - 3:00 PM
Susan Trenka, LE - Sanitas Educator

The ability to deliver customized results is increasingly in demand and many of your customers are going to expect treatments that are created specifically for them. In this advanced class you will gain a thorough understanding of how to intensify and tailor the effects of the Sanitas Peel Collection to create individualized solutions and outcomes for each guest. You will learn the latest technologies in peel application and layering techniques along with how to safely incorporate retinols to target multiple conditions for rapid results. The ability to prescribe personalized home care as well as how to effectively manage client expectations of the peel outcome will also be covered in this intensive, hands-on class.

Fee: Complimentary for existing Sanitas clients and \$25 for non-Sanitas clients

*This class has a limited capacity and is only available to licensed estheticians

Sanitas Skincare Class Calendar

March 2018

3/5

SANITAS PRODUCT KNOWLEDGE TRAINING

MONDAY, MARCH 5 | 10:00 AM - 3:00 PM
Jamie Reinhardt, LE - Sanitas Educator

Comprehensive training on the features and benefits of Sanitas products will be covered. Learn how to incorporate the Sanitas line into your practice so you can provide the most effective treatments for any skin type or skin challenge.

Fee: Complimentary

3/8

OPEN STUDENT DAY: HOW TO READ AN INGREDIENT DECK

THURSDAY, MARCH 8 | 10:00 AM - 1:00 PM
Collene Fullton, LE - Sanitas Educator

Sanitas skin health programs achieve results by leveraging formulations that catalyze the skin's natural biochemical reactions. In this class you'll learn the language of product ingredient decks through the lens of science and skin biochemistry. You'll leave with an understanding of how to evaluate product ingredients to confidently address your clients' skincare needs.

Fee: Complimentary

3/8

WEBINAR: SANITAS PRODUCT KNOWLEDGE TRAINING

THURSDAY, MARCH 8 | 1:00 PM - 2:30 PM
Jamie Reinhardt, LE - Sanitas Educator

This live webinar provides a systematic introduction to the Sanitas Skincare philosophy and explains our unique approach to progressive skin health. Attendees will gain a deeper understanding of the strategy behind our Progenerate, Activate and Optimize collections and learn practical applications for creating customized skin care programs using Sanitas products.

Fee: Complimentary

3/12

CHEMICAL PEELS: UNDERSTANDING THE BASICS

MONDAY, MARCH 12 | 10:00 AM - 3:00 PM
Collene Fullton, LE - Sanitas Educator

As a new esthetician, whether starting your own business or going to work in an existing practice, the importance of understanding how to safely perform chemical peels is paramount. This introductory class is designed to demystify the use of chemical peels and provide you with a basic platform to perform safe, therapeutic treatments. The different types of peels, which peels are most effective for each skin type and condition and a basic understanding of Sanitas peel products and protocols will be covered. The ideal precursor to the Sanitas Chemical Peel Advantage class, you will gain the confidence and knowledge to begin performing safe, therapeutic chemical peels.

Fee: Complimentary for existing Sanitas clients and \$25 for non-Sanitas clients

3/19

TREATING AGING SKIN

MONDAY, MARCH 19 | 10:00 AM - 2:00 PM
Jamie Reinhardt, LE - Sanitas Educator

Statistics show that 60% of spa clientele are baby boomers interested in delaying the signs of aging. Differentiate your business by offering therapeutic and results oriented anti aging treatments. This class will teach you about the science behind aging skin and which products and protocols are most effective.

Fee: Complimentary for existing Sanitas clients and \$50 for non-Sanitas clients

3/20

BROW MASTERY: SHAPING, LASH AND BROW TINTING

TUESDAY MARCH 20 | 10:00 AM - 2:00 PM
Collene Fullton, LE - Sanitas Educator

Mastering one of the hottest niche markets in our industry will increase your profitability and differentiate you from the competition. This three hour skill building workshop will highlight the steps and materials needed for you to become a true brow expert. Supplies will be provided.

Fee: \$25 for existing Sanitas clients and \$50 for non-Sanitas clients

3/22

WEBINAR: SANITAS CHEMICAL PEEL TRAINING

THURSDAY, MARCH 22 | 1:00 PM - 2:30 PM
Jamie Reinhardt, LE - Sanitas Educator

Learn about the different types of chemical peels and discover which peels are most effective for each skin type and condition. Understanding Sanitas peel products and protocols will give you the knowledge and confidence to perform safe, therapeutic chemical peels.

Fee: Complimentary

3/26

HOW TO BUILD A WEBSITE

MONDAY, MARCH 26 | 10:00 AM - 3:00 PM
Jamie Reinhardt, LE - Sanitas Educator

A compelling website provides round-the-clock branding for your business and can dramatically increase your revenue through passive income. Need help getting started? This class will provide a step-by-step tutorial to teach you how to build and utilize a professional website. Topics will include: how to register a domain name, purchasing web hosting, social media best practices, procurement of booking and payment systems, Google Maps integration, effective use of testimonial and how to customize a website template to match your brand. A must have class if you don't currently have a website or if you want to improve your existing platform.

Fee: \$25 for existing Sanitas clients and \$50 for non-Sanitas clients

Registration

Call 303.449.1875 or 888.855.8425 or visit our website sanitas-skincare.com for more information or to register

Must register and pay in advance for all classes. Class times and locations are subject to change.

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PROGRESSIVE SKINHEALTH

Sanitas Skincare Class Calendar

April 2018

4/9

**THE MIND-SKIN CONNECTION:
THE NEXT GENERATION OF SKINCARE**
MONDAY, APRIL 9 | 10:00 AM - 3:00 PM
Dr. Heidi Roles - Sanitas Educator

What do emotions have to do with the skin? The answer is everything! The bond between the mind and skin is very real and growing evidence suggests that stress and emotional issues can intersect with skin physiology to become the root cause of many common skin disorders. In this class you will learn how to recognize and evaluate emotional patterns that can profoundly affect the skin and interfere with your treatment plans. Other topics covered include how to utilize powerful techniques such as EFT (Emotional Freedom Technology), color and sound therapy, essential oils and meditation to facilitate emotional clearing and pave the way for your topical treatments to most effectively function. Elevate the whole body wellness aspects of your practice with this innovative, forward thinking class.

Fee: \$50

4/12

**OPEN STUDENT DAY:
MODALITIES FOR ESTHETICIANS**
THURSDAY, APRIL 12 | 10:00 AM - 1:00 PM
Susan Trenka, LE - Sanitas Educator

Technology adds a competitive edge to your skincare practice and mastering professional tools such as brushes, sonic devices and light therapies can intensify treatment room results as well as boost your bottom line. Gain knowledge through classroom demonstrations and hands-on practice and leave equipped with real life skills and techniques that can help you grow a strong repeat client base.

Fee: Complimentary

4/16

**THE SANITAS
CHEMICAL PEEL ADVANTAGE***
MONDAY, APRIL 16 | 10:00 AM - 3:00 PM
Susan Trenka, LE - Sanitas Educator

The ability to deliver customized results is increasingly in demand and many of your customers are going to expect treatments that are created specifically for them. In this advanced class you will gain a thorough understanding of how to intensify and tailor the effects of the Sanitas Peel Collection to create individualized solutions and outcomes for each guest. You will learn the latest technologies in peel application and layering techniques along with how to safely incorporate retinols to target multiple conditions for rapid results. The ability to prescribe personalized home care as well as how to effectively manage client expectations of the peel outcome will also be covered in this intensive, hands-on class.

Fee: Complimentary for existing Sanitas clients and \$25 for non-Sanitas clients

4/19

**HIGH ALTITUDE SKINCARE:
ARID ENVIRONMENT ANTIDOTE**
THURSDAY, APRIL 19 | 10:00 AM - 3:00 PM
Collene Fulton, LE - Sanitas Educator

Combating low moisture levels in the skin and protecting it from damaging UV rays are constant battles for those of us that live at high altitude. When the skin is constantly exposed to arid environmental aggressors, achieving optimal skin health can be a daunting task for even the most seasoned skincare professional. In this Colorado inspired class, you will gain a better understanding of the climate we live in and how crucial proper skincare is to maintaining the integrity and health of the skin. You will leave with the knowledge of how to design skincare and nutritional programs for mountain lovers and how to treat dehydrated, wind-ravaged or sun-damaged skin.

Fee: \$25 for existing Sanitas clients and \$50 for non-Sanitas clients

4/23

**SANITAS PRODUCT
KNOWLEDGE TRAINING**
MONDAY, APRIL 23 | 10:00 AM - 3:00 PM
Jamie Reinhardt, LE - Sanitas Educator

Learn how to incorporate the Sanitas line into your practice so you can provide the most effective treatments for any skin type or skin challenge. Comprehensive training on the features and benefits of Sanitas products will be covered.

Fee: Complimentary

Registration

Call 303.449.1875 or 888.855.8425 or visit our website sanitas-skincare.com for more information or to register

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PROGRESSIVE SKINHEALTH



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SANITAS SKINCARE TRAINING INSTITUTE

The Sanitas Skincare Training Institute teaches that healthy, beautiful skin is the result of the right balance of stimulation and nourishment. Likewise, a successful skin care education is the result of intellectual stimulation and program elements designed to nourish the mind and encourage growth.

Our education program offers:

- Advanced theory and hands-on education
- Cutting-edge topics that include focused trainings on skin care, waxing, makeup, business, sales and marketing
- National seminars
- Targeted treatment protocols for all skin types

CANCELLATION POLICY

Out of respect for our instructors, the Sanitas Training Institute adheres to a stringent cancellation policy. Students cancelling within 48 hours or failing to show for class will be charged in full.

CLASS LOCATION

833 W. South Boulder Road
Building A
Louisville, CO 80027

Please note: All classes are held in
Louisville, CO unless otherwise stated.

Registration

Call 303.449.1875 or 888.855.8425 or visit our website sanitas-skincare.com for more information or to register

Must register and pay in advance for all classes. Class times and locations are subject to change.