

# Sanitas Skincare Class Calendar

## December 2017

12/4

### SANITAS PRODUCT KNOWLEDGE TRAINING

MONDAY, DECEMBER 4 | 10:00 AM - 3:00 PM  
Jamie Reinhardt, LE - Sanitas Educator

Learn how to incorporate the Sanitas line into your practice so you can provide the most effective treatments for any skin type or skin challenge. Comprehensive training on the features and benefits of Sanitas products will be covered.

Fee: Complimentary

12/11

### WEBINAR: SANITAS PRODUCT KNOWLEDGE TRAINING

MONDAY, DECEMBER 11 | 9:30 AM - 11:30 AM  
Jamie Reinhardt, LE - Sanitas Educator

Learn how to incorporate the Sanitas line into your practice so you can provide the most effective treatments for any skin type or skin challenge. Comprehensive training on the features and benefits of Sanitas products will be covered.

Fee: Complimentary

12/7

### OPEN STUDENT DAY: UNDERSTANDING PEPTIDES

THURSDAY, DECEMBER 7 | 10:00 AM - 1:00 PM  
Susan Trenka, LE - Sanitas Educator

Although peptides have rapidly become known as powerhouses in the world of skincare, not all peptide formulations are created equally. As a professional, it is important to understand the fundamentals of peptides, how they pair with other ingredients and how to integrate them into your menu of services. In this class, you'll learn the science behind peptide technology along with the different types of peptides and how they are used in skincare. We will also cover the use of peptides in the treatment room, home care recommendations, and talking points when speaking to guests.

Fee: Complimentary

12/14

### BROW MASTERY: SHAPING, LASH AND BROW TINTING\*

THURSDAY, DECEMBER 14 | 10:00 AM - 2:00 PM  
Collene Fulton, LE - Sanitas Educator

Mastering one of the hottest niche markets in our industry will increase your profitability and differentiate you from the competition. This three hour skill building workshop will highlight the steps and materials needed for you to become a true brow expert. Supplies will be provided.

Fee: \$25 for existing Sanitas clients and \$50 for non-Sanitas clients

12/11

### THE SANITAS CHEMICAL PEEL ADVANTAGE\*

MONDAY, DECEMBER 11 | 10:00 AM - 2:00 PM  
Susan Trenka, LE - Sanitas Educator

The ability to deliver customized results is increasingly in demand and many of your customers are going to expect treatments that are created specifically for them. In this advanced class you will gain a thorough understanding of how to intensify and tailor the effects of the Sanitas Peel Collection to create individualized solutions and outcomes for each guest. You will learn the latest technologies in peel application and layering techniques along with how to safely incorporate retinols to target multiple conditions for rapid results. The ability to prescribe personalized home care as well as how to effectively manage client expectations of the peel outcome will also be covered in this intensive, hands-on class.

Fee: Complimentary for existing Sanitas clients and \$25 for non-Sanitas clients

\*This class has a limited capacity and is only available to licensed estheticians

## Registration

Call 303.449.1875 or 888.855.8425 or visit our website [sanitas-skincare.com](http://sanitas-skincare.com) for more information or to register

Must register and pay in advance for all classes. Class times and locations are subject to change.

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# Sanitas Skincare Class Calendar

January 2018 1 of 2

1/8

## WEBINAR: SANITAS PRODUCT KNOWLEDGE TRAINING

MONDAY, JANUARY 8 | 10:00 AM - 11:30 AM  
Jamie Reinhardt, LE - Sanitas Educator

Learn how to incorporate the Sanitas line into your practice so you can provide the most effective treatments for any skin type or skin challenge. Comprehensive training on the features and benefits of Sanitas products will be covered.

Fee: Complimentary

1/16

## SANITAS PRODUCT KNOWLEDGE TRAINING

TUESDAY, JANUARY 16 | 10:00 AM - 3:00 PM  
Jamie Reinhardt, LE - Sanitas Educator

Learn how to incorporate the Sanitas line into your practice so you can provide the most effective treatments for any skin type or skin challenge. Comprehensive training on the features and benefits of Sanitas products will be covered.

Fee: Complimentary

1/9

## NUTRITION AND SKIN HEALTH

TUESDAY, JANUARY 9 | 10:00 AM - 3:00 PM  
Jackie Cooper, LE - Sanitas Educator

Skin is one of the first places a nutritional deficiency will manifest. Understand why nutrition is an essential component and how to identify and treat your clients' skin from a nutritional and biochemical understanding of the body. Incorporating nutritional strategies into your practice will allow you to offer the advanced skin care treatments that result in healthy skin and increased profits!

Fee: Complimentary for existing Sanitas clients and \$25 for non-Sanitas clients

1/18

## HANDS ON WITH ENHANCEMENTS

THURSDAY, JANUARY 18 | 10:00 AM - 2:00 PM  
Susan Trenka, LE - Sanitas Educator

In this workshop you'll learn how to increase your average service sale, generate more revenue per treatment room and add distinctive, results-driven enhancements to your facials. Add-on protocols for the eye, lip, décolleté, neck and hand areas will be demonstrated and ample time for practice is included in this highly interactive session.

Fee: Complimentary for existing Sanitas clients and \$25 for non-Sanitas clients

1/11

## OPEN STUDENT DAY: ACNE SOLUTIONS

THURSDAY, JANUARY 11 | 10:00 AM - 1:00 PM  
Jackie Cooper, LE - Sanitas Educator

According to The American Academy of Dermatology (AAD), between 40-50 million Americans suffer from some form of acne. As skincare professionals, we see these clients every day and know that acne can occur at any time of life and for many reasons. At Sanitas, we believe that when it comes to treating acne, one size does not fit all and as such, have developed the tools to help you make a difference. Broaden your knowledge of this sensitive topic with new found confidence via our in-room and home care recommendations.

Fee: Complimentary

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# Sanitas Skincare Class Calendar

January 2018 2 of 2

1/22

## CHEMICAL PEELS: UNDERSTANDING THE BASICS\*

MONDAY, JANUARY 22 | 10:00 AM - 3:00 PM  
Susan Trenka, LE - Sanitas Educator

As a new esthetician, whether starting your own business or going to work in an existing practice, the importance of understanding how to safely perform chemical peels is paramount. This introductory class is designed to demystify the use of chemical peels and provide you with a basic platform to perform safe, therapeutic treatments. The different types of peels, which peels are most effective for each skin type and condition and a basic understanding of Sanitas peel products and protocols will be covered. The ideal precursor to the Sanitas Chemical Peel Advantage class, you will gain the confidence and knowledge to begin performing safe, therapeutic chemical peels.

**Fee:** Complimentary for existing Sanitas clients and \$25 for non-Sanitas clients

1/25

## HORMONES, MENOPAUSE AND TREATMENT STRATEGIES

THURSDAY, JANUARY 25 | 10:00 AM - 2:00 PM  
Susan Trenka, LE - Sanitas Educator

It's a fact of life that as women age, their hormone levels fluctuate and can dramatically impact their bodies and skin. As millions of women approach menopause, it is essential as a skin care professional to understand the effects of hormones on skin. Guide your clients through the many changes their skin may undergo as a result of hormonal imbalance.

**Fee:** Complimentary for existing Sanitas clients and \$50 for non-Sanitas clients

1/29

## UNDERSTANDING AND TREATING SENSITIVE SKIN

MONDAY, JANUARY 29 | 10:00 AM - 2:00 PM  
Jamie Reinhardt, LE - Sanitas Educator

The number of people who present with sensitive skin symptoms has been steadily increasing. This class will help you understand how to identify the difference between sensitive and sensitized skin. You will learn the underlying root causes of both sensitive and sensitized skin, and important topical and internal treatment strategies will be covered.

**Fee:** Complimentary for existing Sanitas clients and \$50 for non-Sanitas clients

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# Sanitas Skincare Class Calendar

## February 2017

2/1

### OPEN STUDENT DAY: NUTRITION AND THE SKIN\*

THURSDAY, FEBRUARY 1 | 10:00 AM - 1:00 PM  
Collene Fulton, LE - Sanitas Educator

Skin is one of the first places a nutritional deficiency will manifest. Understand why nutrition is an essential component and how to identify and treat your clients' skin from a nutritional and biochemical understanding of the body. Incorporating nutritional strategies into your practice will allow you to offer the advanced skin care treatments that result in healthy skin and increased profits!

Fee: Complimentary

2/5

### SANITAS PRODUCT KNOWLEDGE TRAINING

MONDAY, FEBRUARY 5 | 10:00 AM - 3:00 PM  
Jamie Reinhardt, LE - Sanitas Educator

Learn how to incorporate the Sanitas line into your practice so you can provide the most effective treatments for any skin type or skin challenge. Comprehensive training on the features and benefits of Sanitas products will be covered.

Fee: Complimentary

2/8

### SKIN ANALYSIS + EXTRACTION LAB\*

THURSDAY, FEBRUARY 8 | 10:00 AM - 3:00 PM  
Belinda Swanson, LE - Sanitas Educator

Performing extractions correctly is a skill that takes practice. Our Extraction Lab is the perfect place to refine your current level of expertise or learn new methodologies. This hands-on training will include clinical demonstrations where you will learn safe and effective methods of extraction by both performing and receiving extractions under the direct tutelage of our instructor. We'll cover techniques using extractors and lancets as well as how to effectively use and recommend the Sanitas range of products for acneic skin.

Fee: Complimentary for existing Sanitas clients and \$50 for non-Sanitas clients

2/12

### ALLERGIES, SENSITIVITIES, GLUTEN: THE SKIN + BRAIN HEALTH CONNECTION

MONDAY, FEBRUARY 12 | 10:00 AM - 3:00 PM  
Dr. Heidi Roles, DC - Sanitas Educator

There is a complex relationship between allergies, inflammation, skin sensitivities and brain health. In this class we will review how the skin-brain connection works and how chronic inflammation and stress can have detrimental effects on the well-being of both the skin and the brain. You will learn how to address topical issues caused by immune system challenges, how to reduce or remove inflammatory triggers and creative ways to rebuild the immune system. You will leave this class with a better understanding of how to treat skin conditions caused by allergies, sensitivities and inflammation.

Fee: \$50

2/19

### WEBINAR: SANITAS CHEMICAL PEEL TRAINING

MONDAY, FEBRUARY 19 | 9:30 AM - 10:30 AM  
Jamie Reinhardt, LE - Sanitas Educator

Learn about the different types of chemical peels and discover which peels are most effective for each skin type and condition. Understanding Sanitas peel products and protocols will give you the knowledge and confidence to perform safe, therapeutic chemical peels.

Fee: Complimentary

2/20

### SIGNATURE SANITAS: SKIN TRANSFORMING TREATMENTS

TUESDAY, FEBRUARY 20 | 10:00 AM - 2:00 PM  
Jackie Cooper, LE - Sanitas Educator

Sanitas signature treatments blend therapeutic touch with high powered, cosmeceutical ingredients to create a transformative spa experience. Each treatment is designed, developed and tested by our team of skin care experts at the Sanitas Research Lab. In this class, you will learn the methods and techniques of our signature protocols, how to customize the steps based on skin type or condition and how to progressively transform your guests' skin health.

Fee: Complimentary for existing Sanitas clients and \$25 for non-Sanitas clients

2/22

### DECODING THE DECK

THURSDAY, FEBRUARY 22 | 10:00 AM - 2:00 PM  
Jamie Reinhardt, LE - Sanitas Educator

Sanitas skinhealth programs achieve results by leveraging formulations that catalyze the skin's natural biochemical reactions. In this class, you'll learn the language of product ingredient decks, through the lens of science and skin biochemistry, and how to apply a practical understanding of ingredient technology to confidently address your client's skincare needs.

Fee: Complimentary for existing Sanitas clients and \$25 for non-Sanitas clients

2/26

### THE SANITAS CHEMICAL PEEL ADVANTAGE\*

MONDAY, FEBRUARY 26 | 10:00 AM - 3:00 PM  
Susan Trenka, LE - Sanitas Educator

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# Sanitas Skincare Class Calendar

## SANITAS SKINCARE TRAINING INSTITUTE

The Sanitas Skincare Training Institute teaches that healthy, beautiful skin is the result of the right balance of stimulation and nourishment. Likewise, a successful skin care education is the result of intellectual stimulation and program elements designed to nourish the mind and encourage growth.

Our education program offers:

- Advanced theory and hands-on education
- Cutting-edge topics that include focused trainings on skin care, waxing, makeup, business, sales and marketing
- National seminars
- Targeted treatment protocols for all skin types

## CANCELLATION POLICY

Out of respect for our instructors, the Sanitas Training Institute adheres to a stringent cancellation policy. Students cancelling within 48 hours or failing to show for class will be charged in full.

## CLASS LOCATION

833 W. South Boulder Road  
Building A  
Louisville, CO 80027

Please note: All classes are held in  
Louisville, CO unless otherwise stated.

## Registration

Call 303.449.1875 or 888.855.8425 or visit our website [sanitas-skincare.com](http://sanitas-skincare.com) for more information or to register

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